WHO SHOULD ATTEND
This 12 month unit fulfills the training requirement in research methods and practice for UKCP Registration. It can be used towards UKCP Registration with BeeLeaf when completed as part of the BeeLeaf Advanced Diploma. This is an interactive and participative training that aims to provide psychotherapy practitioners and practicing psychotherapy students with an understanding of the core knowledge and skills often utilised in psychotherapy research. Particular focus will be given to academically rigorous models of case study as a scientific method of research and students will be guided to produce an extended case study dissertation and academic poster for presentation at the end of this course.

COURSE CONTENT
2-Day Face-to-Face Training
Over one weekend we will consider research as epistemology and examine what persuades us to accept something as fact. You will look at research papers as a form of structured argument and explore case studies as the basic unit of research in psychotherapy.

You will learn about the basic elements of a case study including methods, measures and methodologies. You will be provided with details of the key requirements for your dissertation submission, and a practical introduction to tools and techniques which can help you with your research project.

Synchronous Online Learning
Over the first 6 months of the course students will participate in online learning and peer supervision activities using web conferencing software. You will be expected to spend approximately 2 hours on these activities each month. At the end of the course you will be required to show what you have learned about methods and issues in psychotherapy research by creating and presenting an A1-size research poster on the topic How Do We Know What Works?

Extended Case Study Research
Following the first weekend of training you will begin working on your own dissertation. To support you in this process you will be required to make 3 written submissions, each of 2,000-3,000 words in length, for feedback and guidance. The last two submissions can then be incorporated within the final dissertation and be a portion of the final word count of 18,000 words. The submissions are:

Submission 1 – Research proposal
Submission 2 – Literature Review or Methodology
Submission 3 – Methodology or Literature Review

Dissertation Supervision
You will be assigned a Dissertation Supervisor. You will be allocated a total of 6 hours’ supervision that may take place over the second part of the course. Supervision meetings may take place face-to-face or by some other suitable means agreed with the Supervisor such as telephone, email or Skype. (If you wish for your supervisor to travel to you and they are willing to do so, additional travel and/or accommodation costs must be met by you.) These meetings can be used for defining suitable methodology, dealing with barriers and obstacles during the process and for the final writing of the dissertation.

TRAINER  Mike Shallcross and other Research Supervisors

VENUE Details on website

DATES & TIMES Begins 25th & 26th April 2020

FEES Standard Course Fee £1,900 Discounted Fee £1,700

FULL DETAILS AND APPLICATION AT WWW.BEELEAF.COM
The Diploma in Contemporary Psychotherapy is made up of the following components.

* Indicates that APL (Accredited Prior Learning) may be awarded for ONE of these training units and therefore do not have to be undertaken with BeeLeaf. * Indicates that APL (Accredited Prior Learning) may be awarded for this unit.

- Certificate in Skills & Principles of Contemporary Psychotherapy 22 days (Sat/Sun)
- Certificate in Contemporary Psychotherapy in Practice 22 days (Sat/Sun)
- Ethical Practice 2 days (Sat/Sun) + Webinars/Activities
- Diversity & Inclusion 2 days (Sat/Sun) + Webinars/Activities
- Psychopathology 2 days (Sat/Sun) + Webinars/Activities

Clinical Practice and Comparative Psychotherapy including a minimum of **100 hours** of Supervised Clinical Practice (Clinical Supervisor fee not included in course fee. You are required to have one hour of Clinical Supervision with a Clinical Supervisor for every six hours of Clinical Practice with clients). Distance + Clinical Practice Rolling Programme

The Advanced Diploma in Contemporary Psychotherapy is made up of the following components.

- BeeLeaf Diploma in Contemporary Psychotherapy OR Diploma in Psychotherapy or Counselling Accredited by UKCP, BACP or recognised equivalent.

PLUS

- Applied Clinical Hypnosis in Contemporary Psychotherapy 10 days (Sat/Sun)
- Working Creatively with Trauma & Triggers Week 1 of Summer School 5 days (Mon – Fri)
- Working Compassionately with Anxiety & Depression Week 2 of Summer School 5 days (Mon – Fri)
- Working Effectively with Addiction & Recovery Week 3 of Summer School 5 days (Mon – Fri)
- Research Methods and Case Study Dissertation 2 days (Sat/Sun) + distance + presentation in London, total one year

For UKCP Accreditation

- BeeLeaf Advanced Diploma in Contemporary Psychotherapy

PLUS

Those Members of BeeLeaf who have completed the BeeLeaf training pathway to Advanced Diploma are eligible for UKCP Accreditation upon completing the Registration process and evidencing:

See over...
• A total of 450 hours of Supervised Clinical Practice. You are required to have one hour of Clinical Supervision with a Clinical Supervisor for every 6 hours of Clinical Practice with clients. (Clinical Supervisor fee not included in course fee).
• 100 hours of mental health familiarisation, either within clinical practice or other mental health role.
• Personal Therapy. You are required to have 48 hours of one-to-one personal therapy with a Psychotherapist or Counsellor who is UKCP Registered (or equivalent) over the 4 year training period, plus 40 hours of one-to-one or group therapy. This is not included in the course fee.

Those participants who have joined the BeeLeaf Advanced Diploma having gained their previous qualification with another training provider, may be eligible to join the pathway to UKCP Accreditation and be able to claim up to 24 months and 50% of training hours as APL (Accredited Prior Learning). This will be formerly assessed during the interview process.

Entry Requirements

• Successful completion of application form and interview
• Degree OR equivalent formal or life learning to benefit from BeeLeaf’s policy of inclusivity

Other Fees

Film Viewing for Home Assignments The Certificate in Skills & Principles of Contemporary Psychotherapy requires you to watch some films for homework which are available through online platforms such as Amazon and Netflix. Budget for approximately £15 - £30 in total. Training manuals are included in the course fee and there is optional reading in addition to this.

Personal & Group Therapy: Budget for approximately £30 - £70 per session
You are required to have 48 hours of one-to-one personal therapy with a Psychotherapist or Counsellor who is UKCP Registered (or equivalent) over the 4-year training period, plus 40 hours of one-to-one or group therapy.

Clinical Supervision: Budget for approximately £70 per session or usually provided free of charge by placement provider
You are required to have one hour of Clinical Supervision with a Clinical Supervisor for every 6 hours of Clinical Practice with clients. (Clinical Supervisor fee not included in course fee).

Professional Liability Insurance: Budget for approximately £30 - £90 per year
Applicable as soon as you begin seeing clients in private practice.

Membership Fee for BeeLeaf Register; Community for Contemporary Psychotherapy (CCP)
Included in training fee, exceptions when training is deferred / extended. (Varies between £40 - £130 depending on level of Membership)

Fee for UKCP Membership and Registration
Optional annual free Student Membership and optional trainee Membership (currently £66)

Application to BeeLeaf Panel for final Accreditation Upon award of Advanced Diploma + meeting UKCP requirements (currently £120)

Registration with UKCP as a Full Clinical Psychotherapist (currently £266)
© BeeLeaf Institute for Contemporary Psychotherapy December 2019

Becoming a UKCP Accredited Psychotherapist with BeeLeaf

YEAR 1

TITLE OF UNIT Certificate in Skills & Principles of Contemporary Psychotherapy 11 weekends

TITLE OF UNIT Ethical Practice Webinars + 1 weekend

TITLE OF UNIT Diversity & Inclusion Webinars + 1 weekend

TITLE OF UNIT Psychopathology Webinars + 1 weekend

YEAR 2 AND 3

TITLE OF UNIT Certificate in Contemporary Psychotherapy in Practice 11 weekends

TITLE OF UNIT Clinical Practice and Contemporary Psychotherapy Distance + Clinical Practice

Following completion of all above units
Award of DIPLOMA in Contemporary Psychotherapy

Psychotherapist

TITLE OF UNIT Working Creatively With Trauma & Triggers 5 Days Mon - Fri

TITLE OF UNIT Working Effectively with Addiction & Recovery 5 Days Mon - Fri

TITLE OF UNIT Working Compassionately With Anxiety & Depression 5 Days Mon - Fri

TITLE OF UNIT Applied Clinical Hypnosis in Contemporary Psychotherapy 5 weekends

YEAR 4

TITLE OF UNIT Research Methods & Case Study Dissertation 1 Weekend + Distance + Presentation

Following completion of all above units + 450 hours of clinical Practice + Clinical Supervision + Personal Therapy
Award of ADVANCED DIPLOMA in Contemporary Psychotherapy

Accredited Psychotherapist

Meet Requirements for UKCP Application & Accreditation

UKCP ACCREDITATION
UKCP ACCREDITED & REGISTERED PSYCHOTHERAPIST

Disclaimer BeeLeaf has endeavoured to ensure that all information contained in this document was correct at the time of publication. However, BeeLeaf reserves the right to make any changes to the information contained within this document at any time, and will not be held responsible for any consequential losses.