

CLINICAL PRACTICE AND COMPARATIVE PSYCHOTHERAPY

WHO SHOULD ATTEND

This is the over-arching unit of the Diploma in Contemporary Psychotherapy that spans your transition from trainee to professional Psychotherapist and is a component of the route to Accreditation. This is a unit that works at levels of knowledge and application, spirit and identity, by opening up your accumulated training to its practical interface with the world that you live in. Applicants are required to have completed the BeeLeaf Ethical Practice unit of training and complete an application and interview when your practice plan, including Supervisor and clinical hours, will be discussed.

COURSE CONTENT

- Developing the right path for you in your Practice of Psychotherapy
- How to contract with an appropriate Clinical Supervisor
- How to make the most of Supervision
- Managing Case Studies for the purpose of monitoring, modelling and research
- Self-Reflective Learning and Use of Self
- Learning from others' successes and avoiding some common pitfalls
- Connecting and networking with the wider psychotherapy community
- Monitoring protocols for establishing a Clinical Log for Professional Registration
- Using your Psychotherapy skills and Personal Therapy for your own self-care
- Inspiring study and consolidation of Comparative Psychotherapy in Application
- Individuality, Difference, Equality and Non-Discriminatory Practice
- Self-modelling for your own model development
- Uniting Personal and Career Growth into a cogent Professional Identity
- Accessing Organisations and Services
- Connecting your personal vision with genuine social need and conditions for change

VENUE Details on website

DATES & TIMES This unit takes a minimum of 12 and maximum of 24 months to complete. It involves convenient distance-learning components, supportive discussion groups & tutorials accompanied by monitoring of your Clinical Supervision and Practice Hours.

A whole team of specialists are involved in closely monitoring your progress and offering you input and support where appropriate, including Peers, Supervisor, Assessors and Trainers.

FEE Standard Course Fee £1,850 Discounted Fee £1,600

FULL DETAILS AND APPLICATION AT WWW.BEELEAF.COM

BeeLeaf Diploma & Advanced Diploma in Contemporary Psychotherapy

This document outlines the professional training path from Beginning to UKCP Accreditation

The **Diploma in Contemporary Psychotherapy** is made up of the following components.

*Indicates that APL (Accredited Prior Learning) *may* be awarded for **ONE** of these training units and therefore do not have to be undertaken with BeeLeaf. *Indicates that APL (Accredited Prior Learning) *may* be awarded for this unit.

*Certificate in Skills & Principles of Contemporary Psychotherapy *22 days (Sat/Sun)*

*Certificate in Contemporary Psychotherapy in Practice *22 days (Sat/Sun)*

Ethical Practice *2 days (Sat/Sun) + Webinars/Activities*

Diversity & Inclusion *2 days (Sat/Sun) + Webinars/Activities*

*Psychopathology *2 days (Sat/Sun) + Webinars/Activities*

Clinical Practice and Comparative Psychotherapy including a minimum of **100 hours** of Supervised Clinical Practice (Clinical Supervisor fee not included in course fee. You are required to have **one** hour of Clinical Supervision with a Clinical Supervisor for every **six** hours of Clinical Practice with clients). *Distance + Clinical Practice Rolling Programme*

The **Advanced Diploma in Contemporary Psychotherapy** is made up of the following components.

BeeLeaf Diploma in Contemporary Psychotherapy **OR** Diploma in Psychotherapy or Counselling Accredited by UKCP, BACP or recognised equivalent.

PLUS

Applied Clinical Hypnosis in Contemporary Psychotherapy *10 days (Sat/Sun)*

Working Creatively with Trauma & Triggers *Week 1 of Summer School 5 days (Mon – Fri)*

Working Compassionately with Anxiety & Depression *Week 2 of Summer School 5 days (Mon – Fri)*

Working Effectively with Addiction & Recovery *Week 3 of Summer School 5 days (Mon – Fri)*

Research Methods and Case Study Dissertation *2 days (Sat/Sun) + distance + presentation in London, total one year*

For UKCP Accreditation

BeeLeaf Advanced Diploma in Contemporary Psychotherapy

PLUS

Those Members of BeeLeaf who have completed the BeeLeaf training pathway to Advanced Diploma are eligible for UKCP Accreditation upon completing the Registration process and evidencing:

See over...

- A total of 450 hours of Supervised Clinical Practice. You are required to have one hour of Clinical Supervision with a Clinical Supervisor for every 6 hours of Clinical Practice with clients. (Clinical Supervisor fee not included in course fee).
- 100 hours of mental health familiarisation, either within clinical practice or other mental health role.
- Personal Therapy. You are required to have 48 hours of one-to-one personal therapy with a Psychotherapist or Counsellor who is UKCP Registered (or equivalent) over the 4 year training period, plus 40 hours of one-to-one or group therapy. This is not included in the course fee.

Those participants who have joined the BeeLeaf Advanced Diploma having gained their previous qualification with another training provider, *may* be eligible to join the pathway to UKCP Accreditation and be able to claim up to 24 months and 50% of training hours as APL (Accredited Prior Learning). This will be formerly assessed during the interview process.

Entry Requirements

- Successful completion of application form and interview
- Degree **OR** equivalent formal or life learning to benefit from BeeLeaf's policy of inclusivity

Other Fees

Film Viewing for Home Assignments The Certificate in Skills & Principles of Contemporary Psychotherapy requires you to watch some films for homework which are available through online platforms such as Amazon and Netflix. Budget for approximately £15 - £30 in total. Training manuals are included in the course fee and there is *optional* reading in addition to this.

Personal & Group Therapy: Budget for *approximately* £30 - £70 per session

You are required to have 48 hours of one-to-one personal therapy with a Psychotherapist or Counsellor who is UKCP Registered (or equivalent) over the 4-year training period, plus 40 hours of one-to-one or group therapy.

Clinical Supervision: Budget for *approximately* £70 per session or usually provided free of charge by placement provider

You are required to have one hour of Clinical Supervision with a Clinical Supervisor for every 6 hours of Clinical Practice with clients. (Clinical Supervisor fee not included in course fee).

Professional Liability Insurance: Budget for *approximately* £30 - £90 per year

Applicable as soon as you begin seeing clients in private practice.

Membership Fee for BeeLeaf Register; *Community for Contemporary Psychotherapy (CCP)*

Included in training fee, exceptions when training is deferred / extended. (Varies between £40 - £130 depending on level of Membership)

Fee for UKCP Membership and Registration

Optional annual free Student Membership and optional trainee Membership (currently £66)

Application to BeeLeaf Panel for final Accreditation Upon award of Advanced Diploma + meeting UKCP requirements (currently £120)

Registration with UKCP as a Full Clinical Psychotherapist (currently £266)

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Becoming a UKCP Accredited Psychotherapist with BeeLeaf

YEAR 1

TITLE OF UNIT Certificate in Skills & Principles of Contemporary Psychotherapy *11 weekends*

TITLE OF UNIT
Ethical Practice
Webinars + 1 weekend

TITLE OF UNIT
Diversity & Inclusion
Webinars + 1 weekend

TITLE OF UNIT
Psychopathology
Webinars + 1 weekend

YEAR 2 AND 3

TITLE OF UNIT Certificate in Contemporary Psychotherapy in Practice *11 weekends*

TITLE OF UNIT Clinical Practice and Contemporary Psychotherapy *Distance + Clinical Practice*

Following completion of all above units
Award of **DIPLOMA** in Contemporary Psychotherapy
Psychotherapist

TITLE OF UNIT
Working Creatively With
Trauma & Triggers
5 Days Mon - Fri

TITLE OF UNIT
Working Effectively with
Addiction & Recovery
5 Days Mon - Fri

TITLE OF UNIT
Working Compassionately
With Anxiety & Depression
5 Days Mon - Fri

TITLE OF UNIT Applied Clinical Hypnosis in Contemporary Psychotherapy *5 weekends*

YEAR 4

TITLE OF UNIT
Research Methods & Case Study Dissertation
1 Weekend + Distance + Presentation

Following completion of all above units + 450 hours of clinical Practice
+ Clinical Supervision + Personal Therapy
Award of **ADVANCED DIPLOMA** in Contemporary Psychotherapy
Accredited Psychotherapist

Meet Requirements for UKCP Application & Accreditation

UKCP ACCREDITATION
UKCP ACCREDITED & REGISTERED PSYCHOTHERAPIST